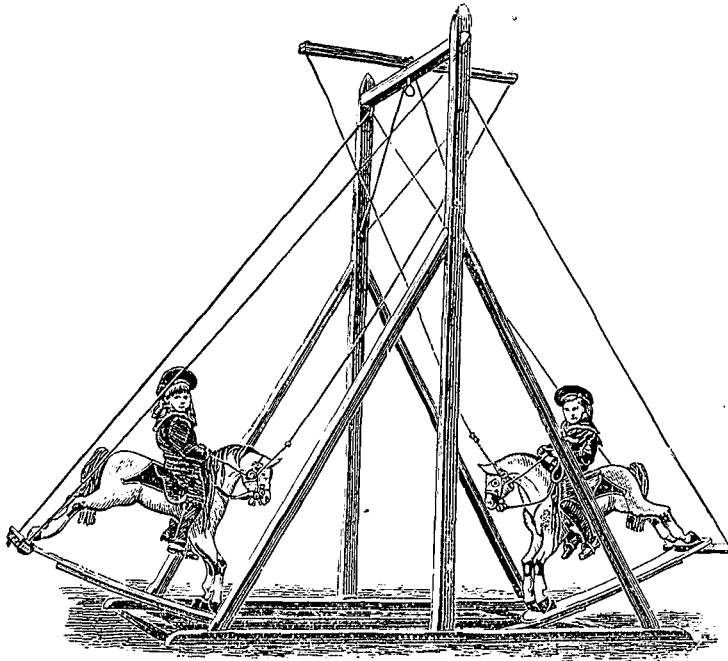


INVENTIONS.

DR. C. R. ILLINGWORTH, of Clayton House, Accrington, has patented an invention of which we give an illustration, which is calculated to prove of very considerable benefit in producing a thorough and healthful exercise for the chest and back muscles.



With the use of this swinging horse, the objectionable and unhealthy circular movement, so much indulged in with the old type of "horse," is entirely avoided, and a pleasant and bracing result is secured. It can be used in the playground, garden, or nursery, and children are able when using it, to keep up the motion by their own unaided efforts. Dr. Illingworth is to be congratulated upon his invention and the success attending his efforts to provide "our boys" with a really healthy amusement.

"NURSING RECORD" BENEVOLENT FUND.

"BEAR YE ONE ANOTHER'S BURDENS."

OBJECT.—To assist, by the united efforts of the readers of the *Nursing Record*, Trained Nurses who may be in need of temporary or permanent aid.

Proposition I.—That subscriptions shall be received to a Benevolent Fund, from which disbursements shall be made to relieve cases urgently needing temporary assistance. A statement of all

such receipts and expenditure to be published in the *Record*.

II.—That for such cases of distress as need permanent assistance, the following procedure shall be adopted. Every annual subscriber to this journal shall have the right to send to the Editor the particulars of any such case, with which they may be personally acquainted, and if after full investigation it be found suitable, the name and particulars shall be entered upon a list. The *Nursing Record* will ask its readers to work unitedly for only one case at a time, and when that one, in the manner considered most suitable, is permanently provided for, the list of cases as above obtained, shall be published in the journal. Each copy of that issue shall contain a slip of paper, so that each purchaser of that number will be able to vote for one of the cases on this list by writing her name thereon, and forwarding it by post to the Editor. The following issue of the journal shall contain the number of votes polled for each case, and that one which receives the largest number of proxies, will be adopted as the next case to be relieved by the Fund; and the readers of this journal will then be advised as to the method which seems most suitable for helping that particular case, and asked to unite in securing its speedy success.

CASE I.

Mrs. Sarah Duyck, aged 47, a widow. Has broken her leg so badly, that she will probably be a cripple for the rest of her life. Dislocated one shoulder some years ago, so that she is even unable to use her crutches for long at a time.

Proposed Method of Assistance.—To obtain an annuity of £20 a year from the British Home for Incurables. To do this at least 1,000 votes must be procured from subscribers to the Institution. Lists of subscribers can be obtained by sending eight stamps to the offices, 73, Cheapside, E.C.

Will every reader of this journal do what she or he can to obtain votes for this sad case—to assist, in however small a measure, to bear another's burden? Such help will be gratefully welcomed by the Editor, *Nursing Record*, St. Dunstan's House, Fetter Lane, London, E.C., and all subscriptions, &c., will be duly acknowledged.

THE most necessary of all sciences is to learn to preserve ourselves from the contagion of bad example.

[previous page](#)

[next page](#)